

# Sign Her Up!

## Female Athletes

- ✓ 92% less chance of engaging in drug activity
- ✓ 3 times more likely to graduate
- ✓ Proven increase in confidence and self-esteem
- ✓ Learn leadership, resilience, and teamwork
- ✓ Reduce the risk of cancer and chronic illness later in life

**Contact your local recreation department to sign up!**